

areas, past farms and through Downtown CBS. **Location**: Various access points marked by green or blue toppers on road signs or at the Manuels

River Hibernia Interpretation Centre at 7

Conception Bay Highway

Experience the T'Railway STEP OR RIDE BACK IN TIME The T'Railway is a true gem of Conception Bay South. This scenic route follows the former railbed along the coast, through wooded areas and right into the heart of Downtown CBS. Built in the 1880s, the Newfoundland Railway stretched coast to coast carrying freight and passengers into the 1980s. The T'Railway will take you back in time as you explore the cultural heritage of the community. Soak up the stunning views and if it is the season, keep your eye out for whales and icebergs. The



Capture the Bay

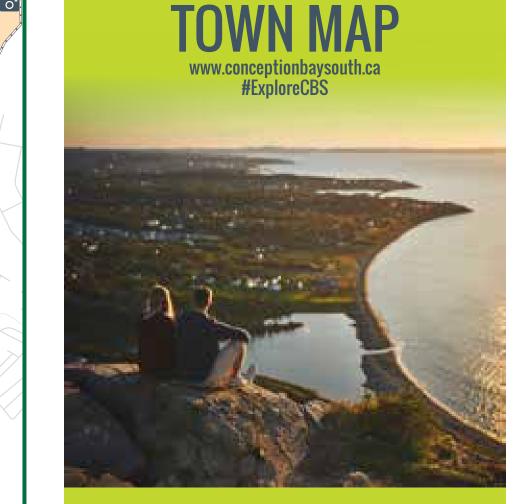
map below for popular photo locations.





Self-Guided Heritage Tour

PHOTO LOCATIONS AND LOOKOUTS Bicycle along this beautiful route and discover the town's cultural heritage. A famous battle, the train crash along With the varied landscapes and scenery of the T'Railway, you Manuels River, and an infamous pirate are some will find yourself taking tons of pictures. Our beaches offer a of the tales told on the storyboards located in panoramic view of Conception Bay and its three largest islands, each of the nine communities that form Bell Island, Little Bell Island, and Kelly's Island. Check out the Conception Bay South.



Bright town. Bright future.

the town of

EAST COAST TRAIL



Route Access: Hiking, strenuous Type: Linear (Out & Back); nature, scenic, fitness **Difficulty**: Difficult; Hike Distance: 1.9 km **Time**: 45 - 90 minutes

Description: This rugged trail to the top of Topsail Bluff features stunning views overlooking Conception Bay. **Location**: Trailhead at Topsail Beach

Route Access: Hiking, moderate to difficult

Type: Linear (Out & Back); nature, scenic, coastal Difficulty: Moderate - Difficult; Hike

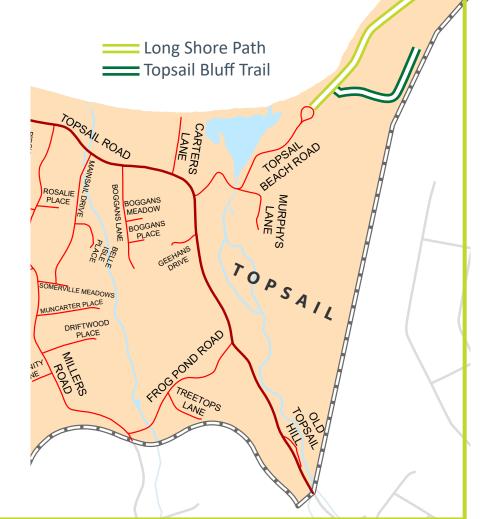
Description: Hike along the seashore, through dense forest and below towering cliffs. This section of the East Coast Trail will take you from Topsail to Portugal Cove. **Location**: Trailhead at Topsail Beach

Trek the Bluff

T'Railway has it all.

ABOVE OR BELOW THE BLUFF WILL AMAZE YOU For years, the locals of Conception Bay South travelled along the shoreline using this path. It was further utilized by residents of Conception Bay who sought employment in the mines of Bell Island. Today, the path is enjoyed by locals and tourists from across the world.

Whether you take the short, but steep, hike to the Bluff, or you trek the Long Shore Path, you are in for a treat. Take in the stunning scenery as the town fades in the distance and the trail ventures farther into nature. Keep an eye out for wildlife, as sightings of seabirds, seals and foxes are common.



The Monument of Honour

HONOURING OUR HERITAGE AND HEROES A solemn tribute to those who serve and have served, the Conception Bay South Monument of Honour recognizes the contributions and sacrifices of police forces, fire departments, peacekeepers and military personnel. It is also the site of the only Light Armoured Vehicle III replica display in Newfoundland and Labrador, a tribute to the Veterans of the Afghanistan War from Conception Bay South.

Parking is available in Remembrance Square.



Downtown Walk

found in the Downtown area!

WHERE LANDSCAPES MEET STREETSCAPES

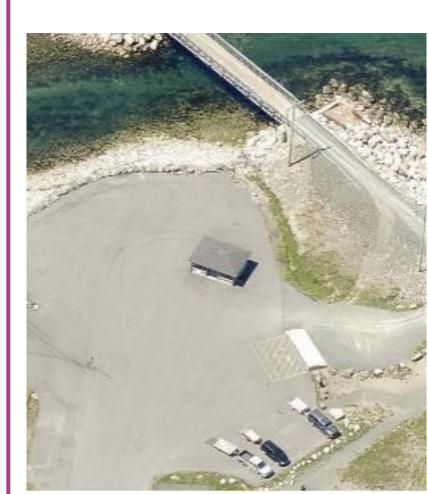
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The Downtown Walk through Manuels and Long Pond is a leisurely stroll that combines nature trails and built pedestrian paths. This walk showcases Downtown Conception Bay South, connecting Manuels River, the Royal Newfoundland Yacht Club, and numerous restaurants, shops, and services. This walk loops users along the T'Railway, roadways, and a visually striking nature path from Bishops Road and its private docks to Greenslades Place, providing access to the Royal Newfoundland Yacht Club and its amenities. Enjoy the beautiful natural environment of our community while checking out some of the many businesses



ATV Staging Area WHERE YOUR ADVENTURE BEGINS

The ATV staging area is located in the west end of town at 338 Seal Cove Road. The area contains a loading ramp, open air shelter and parking area for trailers. The infrastructure enables recreational riders to be able to access the Newfoundland T'Railway Provincial Park and head westward to experience rural towns across the Province. The Park is a multi-use, all season recreational trail being developed by the T'Railway Council in conjunction with the provincial and federal governments, various municipal councils and local service districts, the Trans Canada Trail Foundation and a number of other economic development organizations.



the town of

Conception

Bright town. Bright future.

709-834-6500

info@conceptionbaysouth.ca www.conceptionbaysouth.ca **f** TownOfConceptionBaySouth

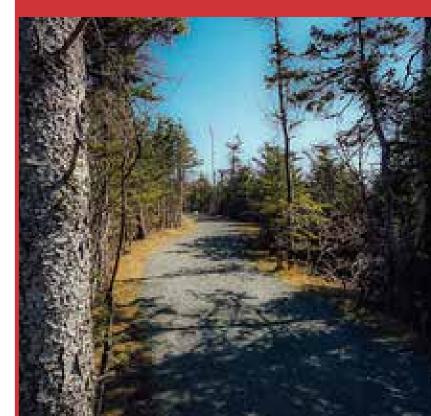
#CBSsunsets

#ExploreCBS

● @TownofCBS #ExploreNL **t**ownofconceptionbaysouth

For day-trip itineraries, trail maps and videos, and to learn more about what Conception Bay South has to offer, check out our website and social media.

GATEWAY TRAIL



1-888-747-8211 ManuelsRiver.ca



• Walking Trails • Café 🛜





TRAIL INFO

Type: Looped; coastal, fitness, nature **Difficulty**: Moderate; Walk and Bike Distance: 8.1 km Time: Up to 2 hours **Description**: This picturesque trail will take you through Peace Park, CBS Community Garden, Sgt. Ned Nugent's Park and return you to the T'Railway.

Location: Kiwanis Club, 925 Conception Bay Highway

The Kelligrews River FROM LAND TO SEA

This scenic trail will take you alongside the Kelligrews River, as it meanders to the sea. Towards the end of its journey, the river empties into Kelligrews Pond, which features a beautiful boardwalk with storyboards and an outdoor classroom. The Kelligrews Ecological Enhancement Program works to protect and conserve this waterway, as well as other important environmental features in the community.



Commemorating Service PEACE PARK AND SGT. NED NUGENTS PARK

Beginning at Peace Park, you will find a collection of storyboards that illustrate the history of Private Thomas Ricketts, a Newfoundland soldier during WWI who earned the Victoria Cross for his bravery in Belgium at the age of seventeen. Go beyond Peace Park and visit Sgt. Ned Nugent's Park at 170 Red Bridge Road, where you wil find a rugby pitch, ball field, soccer field, playground, skate park and dog park.



Check out the Community Garden

In 2018, the Town initiated a resident led Community Garden Committee who developed the first Community Garden next to the CBS Arena at Gateway. Gateway Garden is the largest community garden in the Town, intended to serve the entire municipality. In 2020, a satellite community garden and greenhouse was established at Manuels River to service a portion of the community with the purpose of collaborating with the Interpretation Centre, and offering gardening-related educational opportunities. All are welcome to drop by either garden to have a look o





CHAMBERLAINS PARK



Route Access: Wheelchair access **Difficulty**: Easy; Walk Distance: 1 km

Time: 10 - 15 minutes **Description**: This 16-acre wetland is perfect for bird watching. With a rhododendron garden, green space and an outdoor classroom, it is a great place to unwind and appreciate this nature preserve. **Locations**: 17 Chaytors Road and 2570 Topsail Road

A Community Oasis FROM FARMLAND TO COMMUNITY PARK

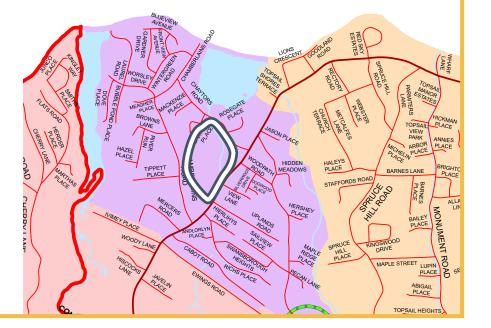
Chamberlains is one of nine communities that make up the Town of Conception Bay South. During its initial settlement, Chamberlains was popular among farmers looking to work the land. When a road to St. John's was built in the mid 1800's, these farmers could sell their produce to residents of the capital city. Fast forward to 1996 and this 16 acre plot of farmland was donated to the Town of Conception Bay South to be used as a community park. The area is a mix of wetland, forest and meadow; and many varieties of flora and fauna call it home.

Bird Watching in the Meadow 🔼

Chamberlains Park contains a diverse range of habitats making it an ideal location for many species of birds. Bring a chair and see how many you can identify.

A Product of the Community DEDICATED VOLUNTEERS REVIVE WETLAND

Since 2008, the Chamberlains Park Action Committee has been overseeing the development of the park. They work with local volunteer organizations and dedicated citizens to protect, enhance and restore this wonderful natural feature in our town.



the town of Conception Bay South

Bright town. Bright future.

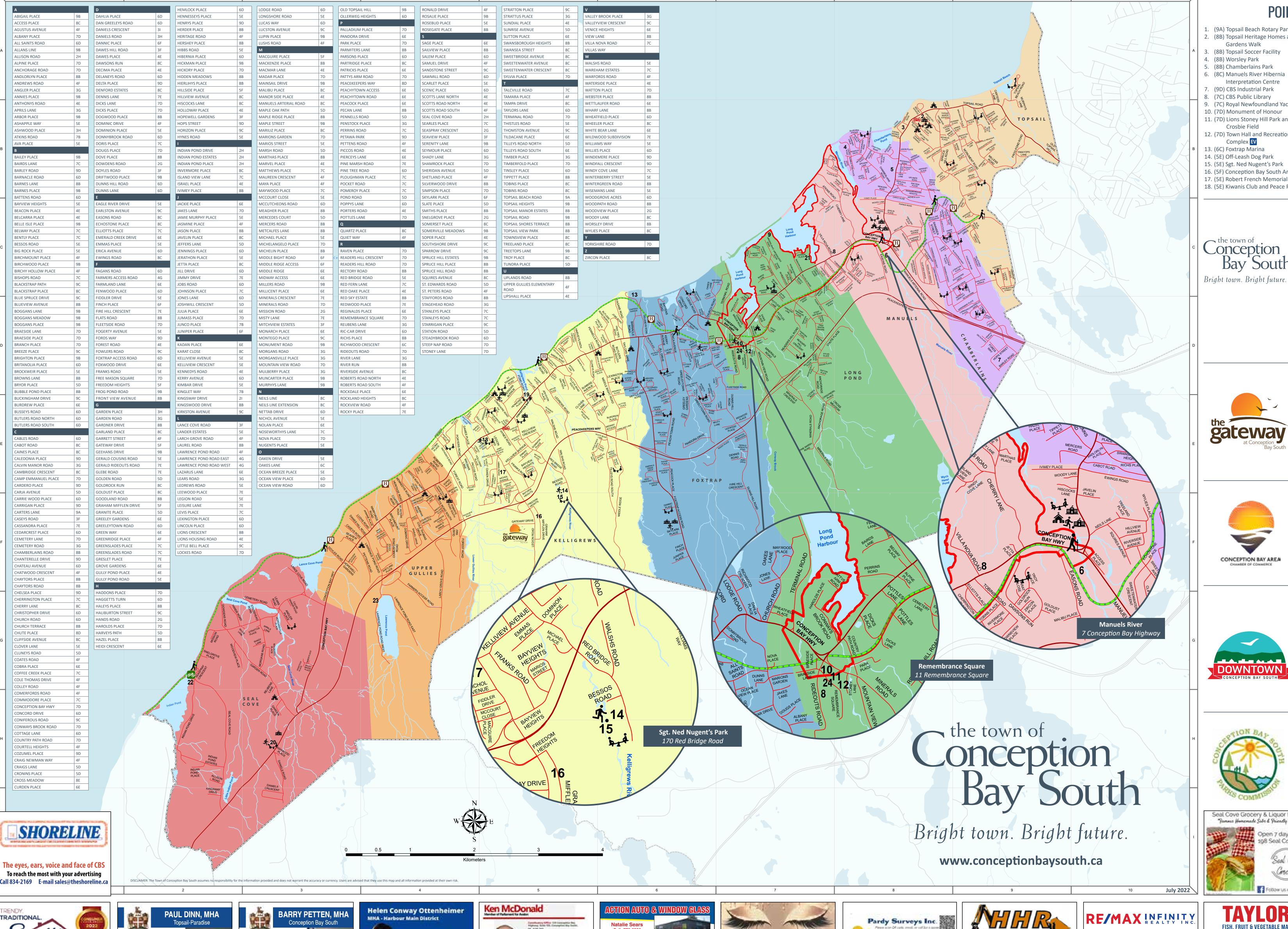
Important Telephone Numbers

General Inquiries	709-834-65
Mayor & Council	709-834-6500 ext. 1
Administrative Services	709-834-6500 ext. 1
Finance	709-834-6500 ext. 2
Engineering and Public Works	709-834-6500 ext. 3
Planning and Development	709-834-6500 ext. 4
Enforcement and Humane Services	709-834-6500 ext. 5
Recreation and Leisure Services	709-834-6500 ext. 6
Economic Development and Tourism	709-834-6500 ext. 6
Fire Department	. 709-834-6500 ext. 801 or call 9



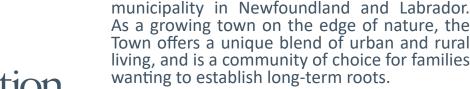
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25 KM from St. John's



POINTS OF INTEREST

- (9A) Topsail Beach Rotary Park
- 2. (8B) Topsail Heritage Homes and Gardens Walk
- 3. (8B) Topsail Soccer Facility 4. (8B) Worsley Park
- 5. (8B) Chamberlains Park
- 6. (8C) Manuels River Hibernia Interpretation Centre
- 8. (7C) CBS Public Library 9. (7C) Royal Newfoundland Yacht Club
- 10. (7D) Monument of Honour 11. (7D) Lions Stoney Hill Park and Jim
- Crosbie Field 12. (7D) Town Hall and Recreation
- Complex EV
- 13. (6C) Foxtrap Marina
- 14. (5E) Off-Leash Dog Park
- 15. (5E) Sgt. Ned Nugent's Park
- 16. (5F) Conception Bay South Arena EV
- 17. (5E) Robert French Memorial Stadium 18. (5E) Kiwanis Club and Peace Park



As a growing town on the edge of nature, the Town offers a unique blend of urban and rural living, and is a community of choice for families wanting to establish long-term roots.

Bright Town, Bright Future is the Town's slogan, and reflects the fact that Conception Bay South is open for business and offers promising commercial, industrial and tourism investment opportunities, as well as signifying that Council and staff strive to improve the community for residents, businesses, and visitors.

19. (5E) KEEP – Outdoor Classroom and Trail

Fire Station (EV at 877 Conception Bay Highway)

20. (3H) Richard Parsons Memorial Park

23. (4G) Lawrence Pond Boat Launch

21. (7C) Community Park

T'Railway Access

T'Railway

Church

Playground

Sports Facility

H Community History Board

EV Electric Vehicle Charging

Conception Bay South is the second largest

····· Municipal Boundary

Downtown CBS

22. (2G) Seal Cove Boat Launch

24. (7D) Remembrance Square

With climate plans, community initiatives, and public education and engagement, the Town of Conception Bay South is striving toward a more sustainable future. To learn more about what the town is doing, visit the Sustainable CBS page on www.conceptionbaysouth.ca.



Conception Bay South is open for business and offers more opportunity, and ocean view, per square foot. The Town offers considerable potential for retailers and commercial developers with a regional trade area population of over 235,000 within a 30 km radius.

The long term vision for the gateway is to become a community and tourism attraction offering a shopping and dining experience adjacent to indoor and outdoor regional recreation facilities. The area includes a trail network that follows two rivers connecting the coastline portion of the Conception Bay South T'Railway.



The Conception Bay Area Chamber of Commerce is the principal organization representing economic and business interests in the Conception Bay Area including The Town of Conception Bay South. The Chamber is the recognized business community voice on matters of significant economic and business interest. In existence for over thirty years, its primary mandate is to enhance opportunities for members to improve their ability to do business. Visit cbachamber.com to learn more

about our members.



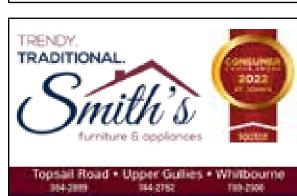
The Downtown Conception Bay South Business Improvement Association is an organization of businesses within the 3 km area along Route 60 from Manuels River to Terminal Road that have come together to mutually support business activity. Downtown CBS offers an experience like no other – an urban adventure on the edge of the ocean. Walk, run or bike the 14 km of trails that run through the area. Take a dip in Manuels River or explore the streets of Downtown CBS where you will find a diverse mix of shops, services, and housing. The association is run by a Board of Management that seeks to enhance, promote and improve the properties and public realm within the area.



The Conception Bay South Parks Commission is made up of five community groups dedicated to protecting, enhancing, and beautifying publicly held land in the Town of Conception Bay South. Member groups include Manuels River, Chamberlains Park Action Committee, the Kelligrews Ecological Enhancement Program, Rotary Avalon Northeast, and the CBS Community Garden. Visit the Parks Commission webpage on www.conceptionbaysouth.ca to learn how you can get involved!



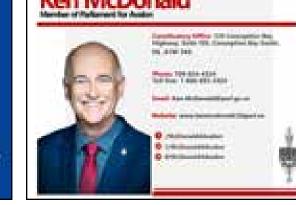








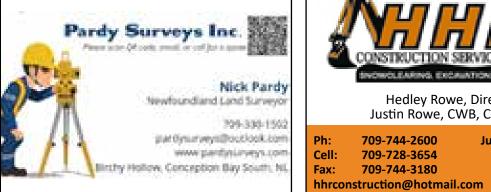














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